

## The HAND Update publication dates for 2023

Publication Date (Monday)	Due Date for Inclusion (Friday)
January 9	January 6
February 6	February 3
March 6	March 3
April 3	March 31
May 1	April 28
June 5	June 2
July 3	June 30
August 7	August 4
September 5*	September 1
October 2	September 29
November 6	November 3
December 4	December 1

If you have information that you would like to include in The HAND Update newsletter, please email the text and imagery to Angela Van Rooy by the due date listed for that issue (Friday prior to the date of publication). HAND staff reserve the right to edit information in consideration of space and layout.

Thank you,

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<sup>\*</sup>September 5 is the Tuesday after Labor Day.